

LIBERATE

HOLLYWOOD

WEEKLY MEDITATION SCHEDULE

****MEDITATION TIMES AND FACILITATORS ARE SUBJECT TO CHANGE.
PLEASE VISIT WWW.LIBERATEHOLLYWOOD.COM FOR ANY UPDATES****

Mondays

5:30pm - The Soul's Path Meditation with Kimberlie Eddy
7pm- Quantum Mystic Meditation: Enter the Field with Rebekah Muir
Healing Meditation with Mother Mary with Rebekah Muir **(4th Mondays ONLY)**

Tuesdays

3pm - Mind your Mind Hypnotic Meditation with Lani Buess
7pm - The Art of Loving Yourself Meditation with Sara Adler

Wednesdays

1pm - Space Between Thoughts Meditation with Parker
3pm - Re-Activate and Re-Align: A Reset to your Core with Cristna Dam
5:30pm - Space Between Thoughts Meditation with Parker
7pm - Inner Stillness: Outer Calm: Taming the Mind in Turbulent times with David Scharff

Thursdays

11am - TBD
3pm - Akashic Records Meditation with Lily Marks
5:30pm - Breath work for Clarity & Abundance with Eleonora Berenyi
7pm - Past Life Regression Meditation with Jeroen DeWit **(3rd Thursdays)**

Fridays

11am - Hypnosis for Abundance with Cristina Dam
1pm - Midday Meditation with Paul Jacek
5:30pm - The Soul's Path Meditation with Kimberlie Eddy

Saturdays

11am - Breath work and Ho'Oponopono Meditation with Jay Bradley
1pm - Space Between Thoughts Meditation with Parker
3pm - **Space Clearing: Energy Cleansing Meditation with Joseph Adetola**
6pm - Space Between Thoughts Meditation with Parker

Sundays

12pm - Kundalini Meditation & Breath work: Step into your Power with Christina Barlow **(1st & 3rd)**
Breath work and Restorative Movement with Angelo and Chasity **(2nd & 4th)**
2pm - Relationship Healing Meditation on Twin Hearts with Lili Reyes

COME JOIN US FOR SOUND BATHS! (USUALLY \$30/\$35)

JUST A \$5 UP CHARGE FROM YOUR MEDITATION PASS!

EVERY TUESDAY AT 12PM: Sound Bath: Shamanic Healing & Chakra Balancing with Nikki Bridges

1ST THURSDAY OF EVERY MONTH: Sound Bath: 528hz Miracle DNA Upgrade with Stargods

2ND THURSDAY OF EVERY MONTH: Sound Bath: Shamanic Healing & Chakra Balancing with Nikki Bridges

****for full sound bath schedule please see events calendar****

RSVP recommended | **Drop-In price \$22** | Packages available in store

liberatehollywood@gmail.com | 323-745-0495

Meditations in green are \$11